

Rotokauri School Newsletter



Issue No: 14

24 September 2014

END OF TERM SHOW

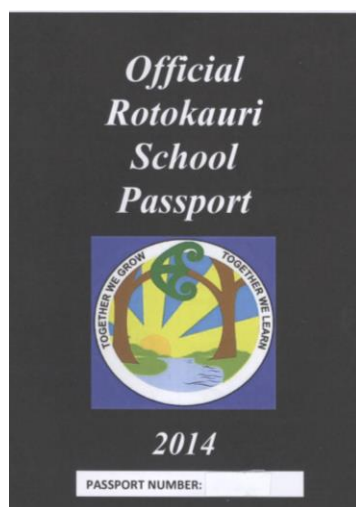
Thursday, 25 September

Dress Rehearsal Show – 11.00 am

Children to Fraser by 6.30 pm for

Evening Show – 7.00 pm

**Fraser High School Hall
Ellicott Road, Hamilton**



SENIOR OPTIONS

If you can help with senior options and are willing to take students for two full days of a specific activity please let us know. If you are volunteering your skills could you please send an email (mgoodson@rotokauri.school.nz) answering the following questions - How big do you want the group to be? How much will it cost students?

The senior options will be run on the 7th and 21st November

TERM 4 IMPORTANT DATES

Monday 13 th October	Term 4 starts
Wednesday 22 nd October	Rotokauri School Agricultural Day
Monday 27 th October	Labour Day – no school
Tuesday 28 th October	Group Day at Gordonton School
Friday 31 st October	A & P Show Day at Claudelands Show Grounds Junior Tabloids at Te Uku
Friday 7 th November	Senior Options Day
Friday 14 th November	Athletics Day
Sunday 16 th November	Car Show Day
Friday 21 st November	Senior Option Day
Monday 24 th November	School Pool Opens
Friday 28 th November	Inter school athletics
Saturday 6 th December	Drive in Movie
Tuesday 9 th December	Senior School Camp
Monday 15 th December	School Prize Giving
Friday 19 th December	Last day of Term 4

THE SCHOOL SHOW

It's important that people are seated at 7.00 pm in readiness for the students' performance tomorrow night. It is also imperative that adults who said they will have toddlers on their laps stick to this plan as children running around in the audience is very distracting for everybody. Thanks to all the students and staff who have collectively worked hard to make this a positive learning experience. A great TEAM effort.

CARSHOW

As part of the school enterprise curriculum our students put together a number of stalls to support the car show. These are the things our students will be involved in on Sunday 16th November for the Car Show - cake stalls, food stalls, loom bracelets, slushies, target games. Contact mgoodson@rotokauri.school.nz for more information about the car show.

AGRICULTURAL DAY ENTRY FORMS

Entries for calves, goats, lambs and chickens close tomorrow, Thursday, 25 September - No late entries will be accepted.

AGRISEA AVAILABLE - FREE

If you would like some **free animal supplement**, please see Sharon at the school office.

SARAH MILLER – AIMS GAMES

The AIMS games is a very big sporting event for Year 7/8 students from New Zealand and Australia. This year it was held between the 7th–12th September at Mount Maunganui and Tauranga, with over 7,500 students participating, from 228 different schools, in 17 different sports. In comparison, the 2014 Commonwealth Games had 2,500 athletes from 71 nations competing over 18 sports. Have a look at the website <http://nzaimsgames.co.nz/>.

This year we sent Sarah Miller to represent Rotokauri School in various swimming events. The competition is tough as it is the best of the best swimmers sent from far and wide. Sarah did amazingly well and got 2 podium results. Her results are below:

3rd	100m	Backstroke
3rd	200m	Backstroke
4th	200m	Freestyle
6 th	200m	Individual Medley
9th	100m	Freestyle
9th	100m	Individual Medley

Well done Sarah for such great results. You should be very proud of yourself. You have definitely made us all proud of you here at Rotokauri School.



NO NEED FOR SPEED

It's become apparent to me over the last month that the speed in which cars go past our school seems to be increasing. Our 40 km speed zone does not seem to register with a number of drivers who use Rotokauri Road as a short cut to their Te Rapa place of work. Our concerns for the health and safety of our students has been conveyed to the highway patrol.

HEAD LICE

Just another reminder to **regularly check** your children's hair for any indications of head lice. If you do find any evidence of these, please treat your children's hair before they return to school and retreat as per the instructions on whatever treatment you use.

SCHOOL HATS FOR TERMS 4 AND 1

All the Sunsmart facts have been with us for years and it was for that reason that the Board of Trustees brought in a hat policy some years ago. All Rotokauri Students need to wear a hat during Terms 4 and 1. Rotokauri hats are available from the office for \$14. With the weather improving and with athletics season just around the corner our students will be spending more time out under the harsh UV rays of the New Zealand sun. Please make sure your child is equipped with the appropriate school hat for the start of Term 4. It is important that we take pride in wearing our Rotokauri hats, therefore we ask that no decorations or graffiti are added to the sunhats.

CAR SHOW / COUNTRY FAIR STALLS

Stall spaces are available at the Car Show 16th November.

If you, friends or family have products to sell - art, craft, clothing, 2nd hand items, preserves etc (anything except ready to eat food because the students are running food stalls) book your \$30 stall now, limited spaces available.

Contact: Antonia chevvi@xtra.co.nz or Hayley hndyorke@xtra.co.nz

FIVE REASONS PEOPLE AVOID CHANGE

There some really good life skills advice that can be found in a number of New Zealand publications. These items are from The September Fitness Journal about why people avoid change:

1. Lack of belief you can have what you want in life.
2. Fear of the unknown.
3. Fear of what others will say or do.
4. Lack of clarity about what you would like to change.
5. Feel ill equipped to manage.

WE LEARN

10% of what we read

20% of what we hear

30% of what we see

50% of what we see and hear

70% of what we discuss

80% of what we experience

95% of what we teach to others

(William Glasser)

The interesting thing is that teaching has become more like this as we no longer stand at the front and teach in a one style fits all way. Often the best teaching/ learning experiences are provided by students teaching students. Have you looked at our website recently to see some of this happening?

HEALTH AND HAPPINESS

- See the wonder of the simplest things.
- Take time out and enjoy the simple things in life.
- Smell the roses as they say.

HAPPY HOLIDAYS

Enjoy your time with your children during the September / October holidays. Make memories for them that will last a life time and the funny thing is it doesn't always cost money - just time!

See you all back safe and healthy and ready to kick on to Christmas.

BADMINTON – SKILL & AGILITY

Fastest racquet sport in the world with shuttles travelling at more than 300km/h.



Badminton is an intense sport so hydration is crucial for players during and after games. Water fact: Even mild dehydration can affect physical and mental performance.



CYCLING – PEDAL POWER

At the Games, this includes mountain bike, road and track including four Para-Sport events.



As well as strong muscles, cyclists need strong bones! Calcium helps to build healthy strong bones. Some great sources are: low fat milk, dairy and cheese as well as dark, leafy vegetables.





PROMO CODE :
SCHOOL

SCHOOL HOLIDAY PROGRAMME

29 SEPT-10 OCT 2014 – (8am – 5.30pm)

Waikato Diocesan School, River Road, Hamilton



Day: Theme:	Mon 29 th Sharing & Caring	Tue 30 th Environment	Wed 1 st Nutrition	Thur 2 nd Health & Wellbeing	Fri 3 rd Leadership
29 th Sept – 3 rd Oct	<i>Prepare for fun and craziness - Top-Town games for everyone!</i>	<i>Upcycling, compasses and orientation! Bring recycled items and comfy shoes!</i>	<i>Ohlala - yummy soup day! Bring 1 small item for our shared soup</i>	<i>Learn some self-help tips so you can help yourself and others</i>	<i>"When I grow up, I want to be a..." What do you want to be?</i>
Morning	Young Engineers Clay Art	Young Engineers Upcycle Art	Young Engineers Food Pyramid Soup Making	Young Engineers First Aid Tips	Guest Speakers Depart for Hamilton Gardens
Afternoon	Top-Town Games Financial Literacy with Westpac	Orientation (locate points with a compass)	Team Games Financial Literacy with Westpac	Self-Protection Tips	In-house Movie and Popcorn
Day: Theme:	Mon 6 th Sharing & Caring	Tue 7 th Environment	Wed 8 th Nutrition	Thur 9 th Health & Wellbeing	Fri 10 th Leadership
6 th Oct – 10 th Oct	<i>It was so much fun, we're doing it again! Top-Town!</i>	<i>Explore Maungatautari Sanctuary and our native wildlife</i>	<i>Mmmmm - yummy wrap day! Bring 1 small item for our shared wraps</i>	<i>Learn some self-help tips so you can help yourself and others</i>	<i>Sharpen your skills for "The Base Great Race" & Movies</i>
Morning	Young Engineers Clay Art	Depart for Maungatautari Sanctuary	Young Engineers Mission Nutrition Wrap Making	Young Engineers First Aid Tips	Team Games Depart for The Base & Movies
Afternoon	Top-Town Games Financial Literacy with Westpac	Team Games	Team Games Financial Literacy with Westpac	Self-Protection Tips	Team Games

SPECIAL OFFER FOR SCHOOLS – 20% DISCOUNT OFF FEES
 Normal Fees - \$230/week or \$46/day – however receive 20% discount when you enrol your child!
 Includes: Young Engineers programme, good staff ratios, arts and crafts supplies, new sport equipment, quality venue, daily fruit, entry fees for offsite activities, transportation, guest speakers, plus plenty of learning and fun!

USE PROMO CODE "SCHOOL" & ENROL ONLINE

www.squiggle.org.nz

Ariana | M: 021-2424567 | E: ariana@squiggle.org.nz

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F. 07 957 2416
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M - 0210582304

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